



Coronavirus (COVID-19)

HAIDA GWAI

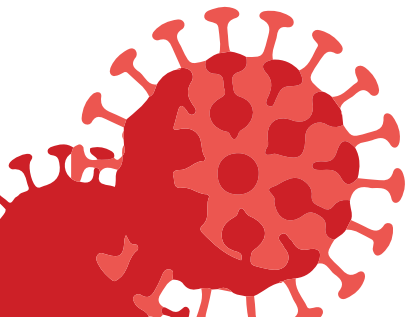
STATE OF EMERGENCY

FAQ GUIDE

Dálang 'wáadluwaan dámaan tl' kínggang!

Dalang 'waadluxan damxan hll king ga!

You all take good care of yourselves!



This document will be updated as new information becomes available.

Published on: April 26, 2020

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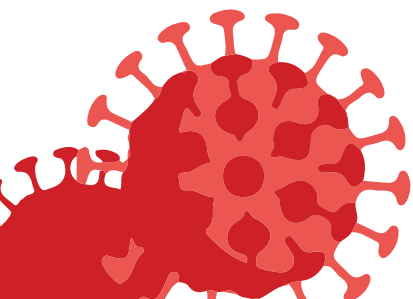


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HAIDA GWAII STATE OF EMERGENCY

The COVID-19 pandemic has grown rapidly worldwide. The Council of the Haida Nation has created this FAQ guide to help keep Haida Gwaii safe during the COVID-19 pandemic. Information about this virus changes often. Health and emergency measures in place today could change tomorrow. New information will be released as needed and the most up-to-date information is always available online on the [Council of the Haida Nation website](#) and [Facebook page](#). Emergency Operation Centres in Gaw Tlagee Old Massett and HI Gaagilda Skidegate also provide regular updates.

What is a State of Emergency?

A State of Emergency allows a government to implement measures that support prevention, response, and/or minimize the effects of an emergency situation, such as the COVID-19 pandemic. When a State of Emergency is declared, it activates the community's Emergency Operations Centre (EOC) and gives the governing body greater flexibility to respond to evolving situations.

Why was a State of Emergency declared for Haida Gwaii?

On March 23, 2020 the Council of the Haida Nation, Skidegate Band Council and Old Massett Village Council; the Villages of Queen Charlotte, Port Clements and Massett; and, North Coast Regional District declared a State of Emergency within their respective jurisdictions on Haida Gwaii. This critical and historic measure was enacted by all of our Islands' communities to reduce the impacts of the COVID-19 pandemic on Haida Gwaii.

Small, isolated, tight-knit communities like ours are especially vulnerable because of our demographics, limited health care, and essential service infrastructure. All Island governments recognize that a coordinated and proactive approach is our best defense in managing the risks and spread of COVID-19 throughout our communities.

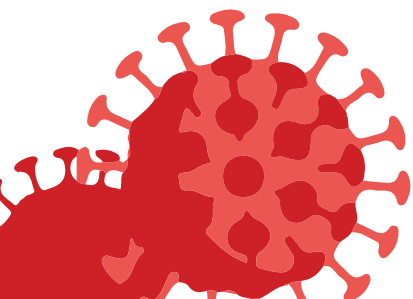
BC suspended all States of Local Emergency, what does that mean for Haida Gwaii?

On March 26, 2020 BC suspended all of States of Local Emergency (SOLE). This suspension applies to all BC municipal SOLEs, including the Villages of Massett, Port Clements and Queen Charlotte, and North Coast Regional District.

Are the CHN and Village Councils' States of Emergency still in place?

YES, the Haida Nation's State of Emergency is still in place. BC's actions do not affect the Haida Gwaii State of Emergency declared by the Council of the Haida Nation in accordance with the Haida Accord and the Constitution of the Haida Nation. States of Emergency declared by the Old Massett Village Council and the Skidegate Band Council are still in place under Canadian legislation.

All Island communities and elected officials of Haida Gwaii stand unequivocally with, and in support of, the Haida Nation's enactment of the Haida Gwaii State of Emergency declared March 23, 2020.



What are the “checkpoints” around the Islands?

Village Council Checkpoints have been put in place at the entrances to HIGaagilda *Skidegate* by the Skidegate Band Council, and at the entrances to *Gaw Tlagee Old Massett*, Tlaga *Gawtlaas New Town*, and Hiellen Village by Old Massett Village Council. The purpose of these checkpoints is to inform Island residents of the Haida Gwaii State of Emergency and provide information to keep people and their loved ones safe. Non-Island residents are prohibited from stopping in HIGaagilda, *Gaw Tlagee*, or Tlaga *Gawtlaas* at this time.

Haida Nation Point of Entry Checkpoints have also been established. Point of entry checkpoints (official points of arrival/departure on Haida Gwaii, such as airports, ferries and harbours) are currently focused on travellers arriving via BC Ferries. People arriving to Haida Gwaii via BC Ferries are subject to screenings at the entrance to HIGaagilda *Skidegate*, and at the boat ramp in Daajing Giids *Queen Charlotte*.

Current travel restrictions prohibit non-resident travel to Haida Gwaii at this time, except for essential service workers. At checkpoints, Island citizens and essential service workers are:

- provided information on the Haida Gwaii State of Emergency
- asked to provide their self-isolation plan

Non-Island residents are:

- provided information on the State of Emergency
- clearly informed of all areas and services closed to non-residents
- requested to return to the ferry. Those who do not comply will have information recorded and reported to the proper authorities

Additional points of entry to Haida Gwaii will be developed as needed.

When will the State of Emergency be updated?

The Haida Gwaii State of Emergency is being reviewed bi-weekly, but can also be reviewed earlier, if necessary.

What is an EOC?

“EOC” stands for Emergency Operations Centre. Each community on Haida Gwaii has an EOC working to coordinate, implement and communicate local responses to the COVID-19 pandemic. Old Massett and Skidegate EOCs operate under the authority of their Health Centres in partnership with their Village Councils. The Villages of Masset, Port Clements, and Queen Charlotte also have EOCs.

GAW TLAGEE OLD MASSETT	HIGAAGILDA SKIDEGATE	VILLAGE OF MASSET	VILLAGE OF PORT CLEMENTS	VILLAGE OF QUEEN CHARLOTTE
Operates under Old Massett Village Council’s Emergency Management Department and the Haida Health Centre. Monday – Friday: 8:30 am – 4:30 pm oldmassettvillagecouncil.com omvcemergency@gmail.com 250.626.7293 Facebook: Emergency Management- Gaw Tlagee & area	Skidegate Health Centre If you are a Skidegate resident requiring groceries or medications delivered to your home, please leave a message at the Skidegate Health Centre. Monday - Friday: 9:00 am – 2:00 pm skidegate.ca 250.559.4610 Facebook: Skidegate Health Centre Skidegate Band Council	massetbc.com 250.626.3995 Facebook: Village of Masset	portclements.ca 250.557.4295 office@portclements.ca or deputy@portclements.ca Facebook: The Village of Port Clements	queencharlotte.ca 250.637.1780 VQCHelp@gmail.com Facebook: Village of Queen Charlotte



Does the CHN have an EOC?

CHN has activated an Incident Command structure for COVID-19 response and the Haida Nation has developed a pandemic plan. The CHN's role during this pandemic is protecting Haida culture and language, defense of Haida Territories and supporting Island-wide unity. The Haida Nation's prevention and planning is overseen by the CHN Executive.

There is an Island-wide Unified Command that includes representatives from the EOCs, and CHN's IC. This helps to ensure a coordinated COVID-19 response for all of Haida Gwaii.

CHN Contact:

Kim Goetzinger

250.559.4468

kim.goetzinger@haidanation.com

COVID-19: THE NOVEL CORONAVIRUS

What is COVID-19 and why is it being called a pandemic?

COVID-19 is a novel (new) form of the coronavirus causing an outbreak of respiratory illness. It is highly contagious and has alarming levels of spread and severity. It is called a pandemic because the virus is widespread across the world. It has been almost four months since the world learned about COVID-19. In this time, the number of confirmed COVID-19 cases reached almost 3 million worldwide with over 200,000 deaths and more than 800,000 recovered. The World Health Organization (WHO) has assessed the global risk for this disease as "very high."¹

The World Health Organization declared COVID-19 a global pandemic on March 11, 2020 calling for countries to take "urgent and aggressive action."²

What are the symptoms of COVID-19?

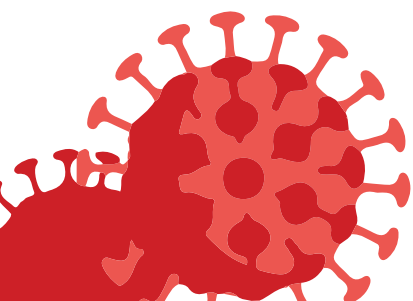
COVID-19 symptoms are similar to respiratory infections, including the flu. Symptoms include some or all of the following:³

- Cough
- Fever
- Difficulty breathing
- Headache
- Muscle pain
- Sore throat

1. World Health Organization, [Coronavirus disease 2019 \(COVID-19\) Situation Report – 84](#) (April 13, 2020). Accessed April 13, 2020.

2. World Health Organization, [Director-General's opening remarks at the media briefing on COVID-19 – 11 March 2020](#). Accessed April 20, 2020.

3. Northern Health, [Coronavirus \(COVID-19\): A Northern Health guide for your community](#) (April 16, 2020). Accessed April 25, 2020.



Northern Health's 24/7 Online Clinic and Information Line 1.844.645.7811

All Northern BC residents can call this line for information, health advice, or virtual screenings and assessments and you will be connected to a nurse, doctor, or nurse practitioner.

BC COVID-19 Symptom Self-Assessment Tool

The BC government's self-assessment tool is an excellent resource to determine whether you need further assessment or testing for COVID-19: bc.thrive.health/covid19/en

If your symptoms become severe, contact your local health services. Be sure to call the hospital before going in so they can prepare for your visit:

Northern Haida Gwaii Hospital and Health Centre

Masset

Phone: 250.626.4700

Xaayda Gwaay Ngaaysdli Naay Haida Gwaii Hospital and Health Centre

Daajing Giids *Queen Charlotte*

Phone: 250.559.4900

If you are exposed to the virus, there is a time between exposure and when you start to feel sick. This is called an "incubation period" and you can spread the virus before you notice symptoms. Some people infected with the virus show no symptoms at all and don't feel sick. It is estimated that the incubation period for COVID-19 is up to 14 days.⁴

How is COVID-19 spread?

"People can catch COVID-19 from others who have the virus. The disease can spread from person to person through small droplets from the nose or mouth which are spread when a person with COVID-19 coughs or exhales. These droplets land on objects and surfaces around the person. Other people then catch COVID-19 by touching these objects or surfaces, then touching their eyes, nose or mouth. People can also catch COVID-19 if they breathe in droplets from a person with COVID-19 who coughs out or exhales droplets."⁵ This is why it is important to practice physical distancing.

Your best defense is thorough and regular handwashing.

How do I wash my hands properly?

Wash your hands often and thoroughly with soap and water. Wash your hands when you have been out and about; after coughing or sneezing; after handling groceries; when caring for the sick; before, during and after you prepare food; before eating; after using the toilet; when hands are visibly dirty; after handling animals or animal waste, and so on.

4. World Health Organization, [Q&A on coronaviruses \(COVID-19\)](#) (April 8, 2020). Accessed April 15, 2020.

5. ""



Thorough hand washing should take at least 30 seconds

Step 1: Wet hands with warm water

Step 2: Apply soap

Step 3: Wash hands for at least 30 seconds including your palms, back of each hand, between fingers, thumbs and under nails

Step 4: Rinse well

Step 5: Dry hands well with paper towel or a dry clean hand towel

Step 6: Turn off tap using paper towel or hand towel

If soap and water are not available, use a hand sanitizer containing at least 60% alcohol:

- Ensure hands are visibly clean
- Apply about a Loonie-sized amount to your hands
- Rub all surfaces of your hands and wrists until completely dry (15-20 seconds)



Why can't I touch my eyes, nose or mouth?

COVID-19 is highly contagious. If you've touched someone or something carrying the virus and then touch your face without washing your hands thoroughly, you can become infected with the virus.

Why do I have to be careful when coughing or sneezing?

When you cough or sneeze, fluid droplets can transfer easily from one person to the next. Always sneeze / cough into the sleeve of your arm or into a tissue. Dispose of the tissue immediately and wash your hands. If you are sick with a virus like COVID-19, sneezing / coughing are the primary ways it will spread.

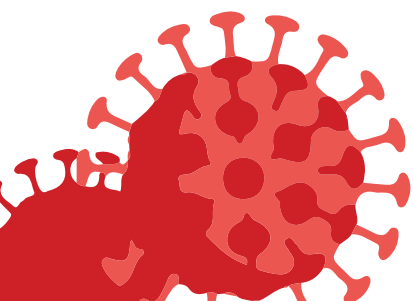
Should I wear a mask?

Masks should be used by sick people to help prevent transmission.

"Wearing a non-medical mask is another way of covering your mouth and nose to prevent your respiratory droplets from contaminating others or landing on surfaces," according to the Government of Canada's Council of Chief Medical Officers.⁶ "For short periods of time when physical distancing is not possible in public settings (e.g., grocery shopping), wearing a non-medical mask is one way to protect those around you."

Remember: Use of non-medical or homemade face coverings is not an alternative to practicing other emergency measures outlined on page 10. If you do decide to use a mask (or other protective wear, such as gloves), ensure you safely dispose of it after use.

6. [Government of Canada, Council of Chief Medical Officers of Health Communication: Use of Non-Medical Masks \(or Facial Coverings\) by the Public \(April 7, 2020\). Accessed April 15, 2020](#)



I'm feeling really emotional about this pandemic. What can I do?

Many people are feeling anxious, scared, lonely, depressed, and even guilty for having these feelings. All of this is normal and to be expected. These are exceptional times and everyone will experience this in their own way. For some, the anxiety can elevate existing mental health issues.

There are amazing mental health and well-being professionals trained in western and/or traditional healing methods. There is a list resources available [Council of the Haida Nation website](#) and on the EOC websites (see page 5).

By The Numbers



80% of people who contract COVID-19 will recover on their own without hospital care⁷



20% of people who catch COVID-19 will need hospital care



400+ people on Haida Gwaii could get sick enough to require hospital care⁸



20+ people on Haida Gwaii could get sick enough to need a breathing machine (ventilator)



2 – number of ventilators we have on Haida Gwaii

7. World Health Organization, [Q&A on coronaviruses \(COVID-19\)](#) (April 8, 2020). Accessed April 15, 2020

8. Haida Gwaii Health, [COVID-19: An Urgent Message from Haida Gwaii Physicians](#) (March 18, 2020). Accessed April 15, 2020.



COVID-19 EMERGENCY MEASURES

'An hl yahguudang · Kiinang hla yahguudang
Respect Yourself

HAIDA GWAI STATE OF EMERGENCY

Emergency Measures published April 1, 2020 — in effect until further notice

STAY HOME: SAVE LIVES

- People who are not working in essential services should stay home and shelter in place.
- Only those who live in the same household can have physical contact with each other (each person must be healthy and observing emergency measures)
- Persons with any sign of illness must self-isolate from other members of their household for 14 days and monitor their symptoms.

SOCIAL DISTANCING & HYGIENE MEASURES

When leaving home for essential service work/errands, or to get fresh air, do so alone or with other members of your household only. People must be in good health and respect the following:

- Social distancing: keep at least 2 meters / 6 feet away from people who are not from your household
- Wash hands thoroughly and often with soap and water for 30 seconds
- Do not touch your eyes, nose or mouth
- Cough or sneeze into your arm sleeve or a tissue (immediately dispose of tissue and wash hands)
- Grocery stores and essential services that remain open to the public must ensure social distancing is maintained at all times.

GATHERING PLACES CLOSED

Areas that typically attract larger groups of people where separation of 2 meters / 6 feet cannot be maintained are now closed to the public (including, gyms, libraries, playground, etc).

CHILDREN MUST BE SUPERVISED

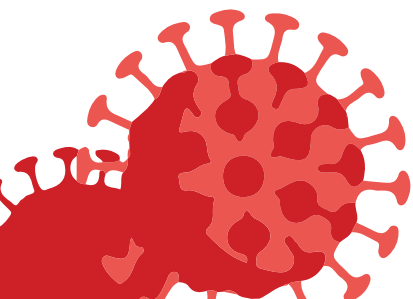
Children under 12 must be supervised or within communication distance of an adult when outside.

ESSENTIAL TRAVEL ONLY

- Avoid all non-essential travel between local communities. Those who must travel should do so carefully and efficiently and must practice social distancing and hygiene measures.
- Residents should not travel off-Island unless essential. For example, essential travel includes medical emergencies, urgent family matters, and essential service work off-Island.
- Non-resident and all leisure travel to Haida Gwaii is not permitted.

SELF-ISOLATE WHEN RETURNING FROM TRAVEL

Everyone returning to Haida Gwaii from any location must self-isolate for 14 days upon returning. Those coming to Haida Gwaii to conduct essential service work are exempt if self-isolation is not possible and they do not exhibit COVID-19 symptoms. Essential service workers must follow social distancing measures and hygiene guidelines.



WHAT IS THE DIFFERENCE BETWEEN STAYING HOME, PHYSICAL DISTANCING, AND SELF-ISOLATING?

STAYING HOME: KEEPING YOURSELF AND OTHERS SAFE

Stay Home: Save Lives is the #1 rule for Haida Gwaii's State of Emergency. Only leave your home for essential services / errands, and only if you are healthy and not living in a self-isolating household. **Remember, "home" includes your personal outdoor spaces, like your yard and garden.** Individuals who are self-isolating after travel but do not have symptoms may also go to unpopulated areas keeping a safe distance of at least 2 metres / 6 feet from other people.

Can I visit my family or friend's house?

In order to prevent the spread of COVID-19 people should not visit indoors with members of other households or any other indoor place. Individuals who are healthy and not in self-isolation may arrange for physical distancing in unpopulated areas of Haida Gwaii. For instance, two low risk (healthy) households could meet at the beach and go for a walk together while keeping at least 2 metres / 6 feet apart at all times. **Another great way to stay connected with others is by phone, internet and writing letters!**

My household has Elders and/or people with compromised health. What can I do to protect them?

If possible, work from home and have someone deliver your groceries or perform other essential needs. Thoroughly wash your produce, and to be extra cautious, you should also sanitize food packaging. Always wash your hands before and after handling groceries.

If you must go out: wash your hands thoroughly throughout the day. When you get home, wash your hands, sanitize your keys, phone, light switches and doorknobs. If you are driving, wash all contact points (door handles, steering wheel, gear shifter, knobs and buttons).

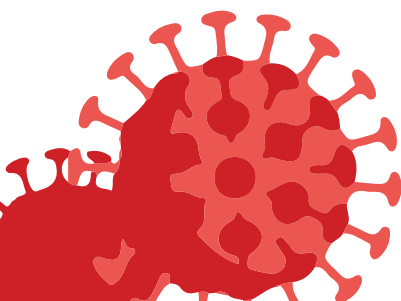
Am I allowed to go to the beach, forest or trails?

Yes! It's springtime and getting sun, fresh air and exercise will help to keep you healthy and calm during this difficult time. You can go outside by yourself or with people in your household. We are fortunate to live in a place with enough space that we can get outside and not encounter other people.

- **Always** respect physical-distancing, no matter where you are. Keep at least 2 metres / 6 feet away from people you do not live with
- **Note:** all playgrounds and parks on Haida Gwaii are closed

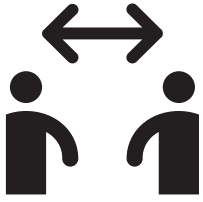
If you are self-isolating after travel but not exhibiting any symptoms of COVID-19:

You can still get outside: enjoy your yard, take up gardening, or walk/exercise in non-public areas. If you see someone approaching, say hello, let them know you are self-isolating and ask that they keep a safe distance.



PHYSICAL DISTANCING

Physical distancing, previously called “social distancing,” means keeping a safe physical distance from other people at all times in order to slow the spread of COVID-19. You must keep a minimum of 2 metres / 6 feet away from people you do not share a home with. **Do not visit friends and families in their houses or invite them into yours.**



2 metres or 6 feet

Do not leave your home if you have any COVID-19 symptoms or if living in a self-isolated household with a person exhibiting symptoms.

Can I visit with friends and family if we're outside?

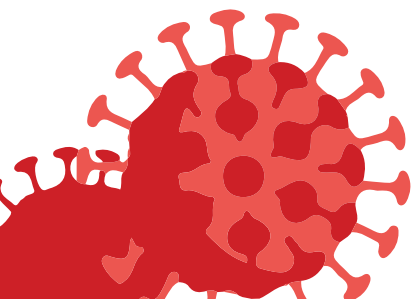
Healthy people can spend time together outside in un-populated areas if they are practicing physical distancing.

Can I walk a dog or help look after a pet from another household?

It is unclear whether pets can spread the virus. Always use caution and wash your hands after petting any animals.

Can I drive in a car or boat with other people?

Because you cannot maintain a 2 metre / 6 foot distance from other people in a vehicle or boat, only ride with people who you live with that are healthy and not self-isolating. **If you don't live with them, don't share a vehicle or boat.**



SELF-ISOLATION

Self-isolation means physically separating yourself from other people for 14 days to avoid infecting, or potentially infecting, other people with COVID-19.

Who has to self-isolate?

Anyone who falls into the following categories must self-isolate for 14 days:

- Any person travelling to Haida Gwaii from any other place
- People who are known or believed to have been exposed to COVID-19
- Anyone experiencing any cold, flu or COVID-19 symptoms. Monitor your symptoms (see page 6), be in touch with a medical professional and ensure you are doing what is best to protect yourself and others
- Those who have the COVID-19 virus⁹

I need to self-isolate but have nowhere to go, where can I find help?

If you do not have the resources to self-isolate, contact your local EOC for assistance (see page 5)

If someone has returned to Haida Gwaii and is staying in my household, do I have to self-isolate as well?

Ideally, those arriving from off-Island should find a separate, unoccupied space to self-isolate in order to protect their families and others in the household. **This is especially important if there are Elders, people with chronic health conditions or compromised immune systems living in the household (see page 11).**

If it is not possible to stay in a separate household for the 14-day self-isolation period, the person who is self-isolating should designate a private place in their house, (e.g., bedroom, a spare room, or any other separate area of a house) where they can self-isolate. As another precaution, members of the household can wear non-medical masks or face coverings when in shared spaces. Avoid sharing a bathroom if at all possible. Wash your hands and sanitize all shared surfaces frequently. Although rare, transmission is possible without signs or COVID-19 symptoms. Make sure to self-monitor for symptoms (see page 6).

I am self-isolating, what can I do after my 14 days?

Haw'aa / haawa / thank you for self-isolating! If you are not exhibiting cold, flu or COVID-19 symptoms, you can leave your home to do essential errands or get some fresh air and exercise. Like everyone else, you must respect physical distancing and hygiene measures at all times.

What should I do if someone is not self-isolating when they should be?

If you have significant concerns, questions, or requests, contact your local EOC (see page 5).

9. BC Centre for Disease Control, [Self-isolation](#). Accessed April 20, 2020.



ESSENTIAL SERVICES AND ERRANDS

What are essential services and errands?

Essential services are defined by authorities or governments to ensure that citizens' most important needs will still be met. These include hospitals and healthcare, grocery and supply stores, banks, and the post office. Visit the EOC websites for services available to support your essential needs (see page 5).

Essential errands are items or services you need and can only get by leaving your home, such as grocery shopping, picking up the mail, and accessing healthcare.

See page 17 for a full list of essential services.

Can I still go grocery shopping and do other essential errands?

Essential errands are permitted by people who do not require self-isolation (see *Who has to self-isolate?* page 13). It is very important to minimize the number of trips you do for essential errands—for example: try to only shop once a week, or even once every other week. If possible, only have one member of your household do the grocery shopping.

If you are self-isolating, are an Elder, or have a compromised immune system, please use delivery services for essential items such as groceries and prescriptions, or, have a family member or friend in good health do your shopping and other essential errands.

There are delivery options available in each community that can help reduce the number of people out and about. Updated information is provided by your local EOC.

Can I still go fishing and harvesting? Can I share with my family?

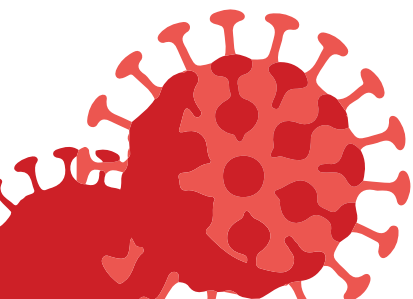
If you are self-isolating, if you are sick or have any COVID-19 symptoms, do not prepare or handle food for others.

Getting out on the land and water is our way of life. The standard rule is always practice physical distancing from anyone you do not share a household with. Sanitize packaged food or supplies, wash your hands thoroughly before and after preparing food, wear gloves and use extra caution to avoid spreading any viruses. *Normal cooking temperatures will kill COVID-19 and other microbes on food. Ensure food reaches 74°C / 165 °F.¹⁰

Traditional food sales

The sale and trade of seafood and other resources with other nations and communities along the coast is an important right and way of life. The Skidegate EOC issued a public notice on the sale of seafood from outside parties (see notice at skidegate.ca). Individuals coming to Haida Gwaii to sell seafood should contact the respective community's EOC ahead of time to ensure proper sanitization and distancing procedures are put in place before sales commence.

10. BC Centre for Disease Control [Food Safety](#). Accessed April 20, 2020



Haida Access: What if I want to harvest food on the West coast, Langara Island, Gwaii Haanas or other protected areas?

As Haida, we have the right to access our territory. Harvesting food for family and community is one of the allowed essential services under the Haida Gwaii State of Emergency, however with COVID-19 there are some added precautions to ensure the health and safety of all.

Haida citizens are encouraged to practice safe harvest trip-planning practices such as:

- Only travelling with members of your household
- Staying home if you have any COVID-19 related symptoms
- Leaving a trip plan with at least two contacts; the trip plan should include departure time, destination and expected return time
- Ensuring that you have working safety equipment and appropriate personal protective equipment (PFDs, marine radio, etc.) on your vessel or in your vehicle

Gwaii Haanas and the Haida Gwaii Watchmen Program (HGW) have restricted access to HGW cabins at this time.

Can I travel from one community to the next to run essential errands (e.g. K'il Kun *Sandspit* to Daajing Giids *Queen Charlotte*)?

Healthy Island residents can perform essential errands as required. However, please stay in your own community as much as possible. If you need to do essential errands in a neighboring community, do so quickly and carefully. Avoid any unnecessary stops and always respect physical distancing.

Hospital and Pharmacy Operations during COVID-19

North and South-end hospitals remain open and accessible 24 hours a day, seven days a week to all who need medical attention. The hospitals have designated access areas for patients.

Additional screening measures are in place and access is limited to avoid people coming into the building. The hospitals are taking all the precautions to keep patients and the staff safe when medical care is needed.

If you have any health concerns, do not put off your medical care! Contact the doctor's office or hospital to make arrangements. Virtual clinic appointments (by telephone or video) are now available, they can help health professionals to continue caring for you in a timely way.

There are short videos available online describing how to access medical care on Haida Gwaii during the pandemic. Visit haidagwaiihealth.ca



**NORTHERN HAIDA GWAII
HOSPITAL
AND
HEALTH CENTRE**

**MASSET
PHONE: 250.626.4700**

Pharmacy: PHARMASAVE

Monday-Friday: 9:30am – 4:30pm

Access: No physical access to pharmacy

Transactions: to be made via phone and payment by credit card

Phone 1.866.403.7320 for refills or to talk with a Pharmacist.

Phone 250.626.4701 to reach the Masset Pharmacy directly.

Delivery: Complimentary home delivery is offered by Northern Health and the Haida Health Centre.

Delivery available to:

- *Gaw Tlagee Old Massett*
- *Tlaga Gawtlaas New Town*
- *Masset*
- *Tow Hill Road*
- *Gamadiis Port Clements*

**XAAAYDA GWAAY
NGAAYSDLL NAAY
HAIDA GWAII HOSPITAL
AND HEALTH CENTRE**

**DAAJING GIIDS QUEEN CHARLOTTE
PHONE: 250.559.4900**

Pharmacy: FORBES

Monday-Thursday: 9:00am – 5:15pm (closed 1-2pm)

Access: No physical access to pharmacy

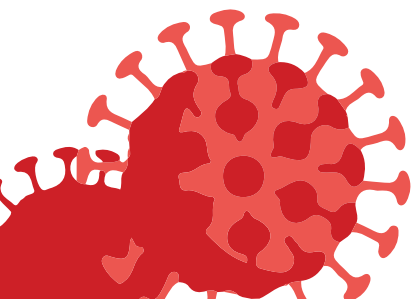
Transactions: Retail orders, including over the counter medications, must be placed by email: 1005pharmacy@rxdm.ca

Phone 250.559.4910 for refills or to talk with a Pharmacist

Pick-up: There is a drop box outside the hospital where you can pick up your orders between 10 am and 4 pm. Limit of 4 customers per pick up to ensure physical distancing.

Text to pick-up your order: 778.402.9300

Delivery of prescriptions are available. Phone the pharmacy to renew your prescription, then phone your local EOC to arrange for volunteers to pick up the prescription on your behalf.



HAIDA NATION ESSENTIAL SERVICES

1. Essentials Health Care Operations, including:

- Research and laboratory services
- Hospitals
- Walk-in-care health facilities
- Emergency veterinary and livestock services
- Elder care
- Medical supply wholesale and distribution
- Home health care workers or aides for the elderly
- Doctor and emergency dental
- Pharmacies
- Nursing homes, or residential health care facilities or congregate care facilities
- Medical supplies and equipment manufacturers and providers
- Ambulance service
- Mental health services
- Haida Traditional medicine & healing practitioners
- Health Centres
- Counselling services

2. Essential Infrastructure, including:

- Utilities including power generation, fuel supply, fire wood suppliers, and transmission
- Public water and wastewater
- Telecommunications and data centers
- Airports/airlines
- Transportation infrastructure such as trucking of freight or for-hire vehicles, garages, BC Ferries
- Hotels and places of accommodation

3. Essential Production, including:

- Food processing, manufacturing agents, including all foods and beverages
- Agriculture/farms
- Local food and medicine gathering (including fishing/hunting/trapping)
- Woodworking (carving)
- Local wood processing for local use

4. Essential Retail, including:

- Grocery stores including all food and beverage stores
- Pharmacies
- Convenience stores
- Farmer's markets
- Gas stations
- Restaurants/bars (but only for takeout/delivery)
- Hardware and building material store
- Animal and livestock feed
- Cannabis

5. Financial Institutions, including:

- Banks
- Insurance
- Payroll
- Accounting

6. Essential Services, including:

- Trash collection
- Processing and disposal
- Mail and shipping services
- Laundromats
- Building cleaning and maintenance
- Child care services for essential service providers
- Auto inboard and outboard repair/small engine repair
- Warehouse/distribution and fulfillment
- Funeral homes and cemeteries
- Storage for essential businesses • animal shelters

7. Providers of Basic Necessities to Economically Disadvantaged Populations, including:

- Homeless shelters and congregate care facilities
- Food banks
- Child care services
- Human services providers whose function includes the direct care of patients in licensed or funded voluntary programs; the care, protection, custody and oversight of individuals both in the community and in licensed residential facilities; those operating community shelters and other critical human services agencies providing direct care or support

8. Construction, including:

- Skilled trades such as electricians, plumbers
- Other related construction firms and professionals for essential infrastructure or for emergency repair and safety purposes

9. Essential Services Necessary to Maintain the Safety, Sanitation and Essential Operations of Residences or Other Essential Businesses, including:

- Law enforcement
- Fire prevention and response
- Security
- Emergency management and response
- Building cleaners or janitors
- General maintenance whether employed by the entity directly or a vendor
- Automotive repair
- Disinfection
- Haida Nation and municipal governance

10. Vendors that Provide Essential Services or Products, Including Technology Support, Child Care and Services, including:

- Technology support for online services
- Child care programs and services
- Government owned or leased buildings
- Essential government services