

# Prevent the spread of COVID-19

Physical distancing is staying away from crowds of 10 or more people with the intent of minimizing transmission of infectious disease during an outbreak. This could include but not limited to attending large family gatherings, birthdays and boat outings.

Keep in mind the Bandstore is limiting 10 customers in a large open area, so please limit the number of visitors in your home.

## TIPS FOR FAMILY AND KIDS

- Talk to your kids about what is physical distancing and walk around the house and teach them about keeping frequently used surfaces clean
- Encourage family and friends to create a plan for their elderly relatives, parents or grandparents

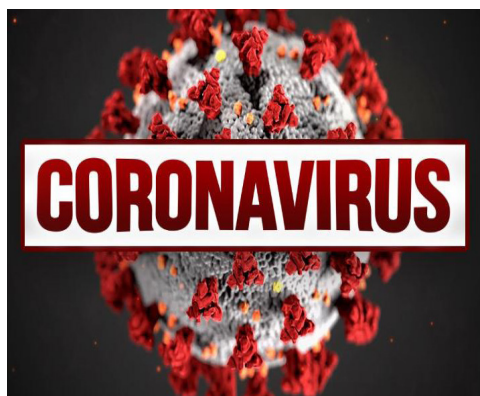
## PHYSICAL DISTANCING DON'TS

- Play dates for your children
- Meeting small groups for dinner or drinks
- Non-essential doctors appointments

## PHYSICAL DISTANCING DO'S

- Facetime your family and friends often
- Keep a daily routine
- Participate in activities, but remotely, such as walks, yard work, enjoy quiet outdoor space

Make sure you have a good air-flow (open windows) and limit number of visitors in your home.	Frequently clean your towels and clothes. Also, try not to overload your washer to make sure of a thorough cleaning.	Minimize sharing objects like phones	SIMPLE MEASURES CAN REDUCE THE SPREAD OF COVID-19
		<b>6 FT. DISTANCE APART</b>	



### CLEAN SURFACES

- Doorknobs
- Taps, faucets
- Toilet handles
- Light switches
- Counters and tables
- Cellphones
- TV remotes



### COVER COUGHS & SNEEZES

- Cough or sneeze into your elbow or a tissue
- Wash hands right away



### WASH HANDS OFTEN

Wash hands with soap and water for at least 20 seconds when you:

- Eat
- Prepare food
- Enter a building
- Get home
- Use the bathroom
- Sneeze or cough